



Project Number: 2016-1-RO01-KA203-024630




**Practical Application 5.3 Coping with fear and tension in a patient and his/her family.  
Solve a problem**

**SELF - EVALUATION TOOL**

***“The antibiotic therapy”***

**Reflecting on professional practice:**

Please, after you read the Case Study, check it by a structured own debriefing asking you some questions about

-  setting
-  professionals / persons involved
-  events / actions

through the description of situation :

☞ What happened?

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☞ Feelings - What do you think and feel about?

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Feelings - How do you think the others involved in the situation felt?

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Feelings – How do you feel about the outcome of this case?

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☞ Evaluation - What is good and bad about?

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☞ Analysis - What else would you have done?

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Analysis - If you think that things didn't go so well, how do you believe others contribute to the situation?

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Analysis - Why did things not turn out as perhaps they should have done?

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☞ Conclusions - What else could you have done differently in that situation?

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☞ Action plan : Try to develop a plan of action for the future should a similar situation occur again

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